



BEST PRACTICES CLEARINGHOUSE

May is Mental Health Awareness Month

The U.S. Department of Education's Best Practices Clearinghouse continues to uplift resources to help the field achieve our common goal of ensuring students' mental health and well-being. Throughout the month of May, the Best Practices Clearinghouse will share resources and information to support state and local efforts in this area. We hope the resources and information below provide insights into addressing students' mental health and well-being.

- Sign up today for this upcoming webinar: [Effectively Responding to Incidents of School Violence](#) (May 8, 2024)
 - Sign up today for this upcoming webinar: [Beyond Stigma: Mental Health Help-Seeking Behaviors in Teens](#) (May 9, 2024)
 - Learn from a wealth of resources on the Substance Abuse and Mental Health Services Administration website: [2024 Mental Health Awareness Month Toolkit | SAMHSA](#)
 - Explore this fact sheet on creating fair and supportive opportunities to learn: [Strategies for Student and Teacher Support Teams](#)
 - Watch this recorded webinar on [Supporting Student Mental Health: What Works in Schools](#) (or listen to the reminder about why we need students involved when discussing self-care options available to students at 1:30:15-1:31:05)
 - Act on the strategies in this guide: [Promoting Mental Health and Well-Being in Schools: An Action Guide for School and District Leaders](#)
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Find information about upcoming events on mental health and other topics on the [Best Practices Clearinghouse calendar](#). Find archived events on this [archived events page](#). Find additional resources including toolkits and reports in the [resource library](#).

If you are hosting an upcoming virtual webinar open to the public on a mental health topic, or if you have a resource on mental health to share, submit [here](#).